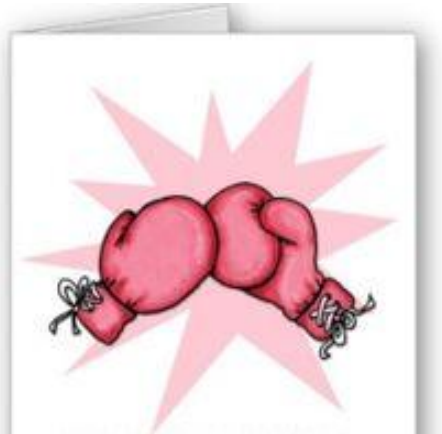


The **CANCER**

And

I



Round Two

September 2014 – August 2015

BY

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What is Next?

Round one ended when I left Egypt to Finland in June 2014. While still in Egypt, I sent the reports of the ultrasound, MRI and biopsy results to two Cancer Clinics, one in Finland, and the other in Germany and to a Health Centre in Finland. The one in Germany, which has a holistic treatment for cancer, reserved for me a place already in June. I had to postpone it until I saw an oncologist (physicians who study, diagnose, and treat cancerous tumors) and urologist in Finland.

On the same day I arrived to Finland I went with my son to see the oncologist. His opinion was to use radiotherapy. First by undertaking an MRI to determine the exact places where the radiotherapy should be applied, then by applying the radiotherapy. I got to know also that their prices were much higher than the Clinic in Germany, where they take you as inside patient. The next stop was at the urologist in a town close to where I lived. He was more inclined to using hormone therapy using the same medicine Casodex suggested by the treating urologist in Egypt. Neither of them considered the six-pronged approach I was following¹⁾ as a real remedy, though they considered the continuous drop in PSA a good sign.

Throughout June and July, I continued the food diet, antioxidants, and Oxygen therapy in the Finnish forests. I looked for Mistletoe but to my surprise it wasn't available in Finland, and I had to order it from Germany (Mistletoe 2014). I got it in three forms, in drops, in capsule and in herb form which one can use like tea, by pouring boiling water on it. We also got a good juice machine and started to have tomato or carrot juice every day. One felt that, irrespective of cancer it was really a healthy way of living.

In August I took new PSA and I was relieved that it went down to 20. I went happily to inform my urologist, but he thought that it was still high and that I had

¹⁾ The three-pronged approach I followed and explained in Round One was: 1. Food diet what to eat and what not to eat, 2. Antioxidants and Dietary Supplement to be used, 3. Physical Training Program, 4. Homeopathy, 5. Oxygen Therapy, 6. Using Mistletoe.

to take the hormone medication. I told him in a clear and decisive tone; “I am not going to take any medications before I am sure that I still have cancerous tumor.” We agreed to take another biopsy. He took it by himself about a week before going back to Egypt. This biopsy was taken four months after the first one was taken in Egypt and after following the six-pronged approach throughout the four months. I noticed afterwards that it was mentioned in the pathologic report that the biopsy was technically successful.

The Final Outcome

Two days before I left Finland, my mob rang and the urologist told me that he has the result of the biopsy and asked if he could tell it to me. I told him yes of course. He told me it was NEGATIVE and no cancerous tumor was found!

What a relief and a great feeling! The work of four months has finally given its fruits. When I told it to my wife we were both overwhelmingly happy and were just repeating Alhamdulillah (Thanks to God). She couldn't help breaking into tears. The tension was over. My son and daughters and large family were as much joyful.

The urologists recommended following the case up every six months/one year. What spoiled these joyful moments, was the urologist comment; he thought that what they found in Egypt was not really cancerous tumor. He couldn't confess or point out that the negative result was the outcome of the hard program I followed for four months.

When I went back to Egypt, I met a close friend who is a physician and who worked most of his career in England. He happened to have similar problem like mine, viz, BPH. He told me almost the same comment as that of the urologist in Finland. I was puzzled for few weeks, turning and tossing whether the report written by the pathologist (who was a professor in Alex Univ.) was all wrong! I personally couldn't claim that.

This seems to be the end of Round Two. A short round which I belief I won it by knockdown. I knockdown cancer this time, but I don't think I knocked him out.

What if the cancer gets up again before the referee counts Ten? What if he continues the fight? What should I do then?

End of Round Two

This will be followed by Round Three, which starts by my arrival to Egypt. It took place from September 2014 to August 2015. It will tell whether I continued the six-pronged approach or started to live normal life, and what kind of shape the battle with cancer will take.

References

Mistletoe 2014,

http://www.apo-rot.de/index_details.html?filterartnr=8755034&searchkeyword=mistel&nav=suche&random=1697167893